





PORTSWOOD — HIGHFIELD — ST DENYS

Katherine Barbour, your local Green campaigner

GREENING PORTSWOOD

What are we doing?

There's no place like home to start greening up our life:

- We burn **more energy** in our homes than in industry, on the roads, or flying.
- We each produce over half a tonne of waste in our homes every year, only a quarter of which is recycled.
- Every day we each pour **over 150 litres** of domestic drinking water down the drain. (source: 'Green Up!' by Will Anderson)

So Katherine decided to go out and about in St Denys, Portswood and Highfield at the end of August and see what people were doing! Here are some of the things your neighbours are up to:

Katherine says: "These are some of the things people around our ward are doing and I am sure there are many more examples within our community. Do write and tell me what you are doing at:

katherine4green@gmail.com

If you are looking for ideas there are a couple of books and other resources that I recommend":

- · Green Up! by Will Anderson
- Live Green by Jen Chillingsworth
- The Environment Centre https://environmentcentre.com (023) 8033 6172



Nikita (Portswood) puts on another layer of clothes so she doesn't have to turn up the thermostat.



Alan

Alan (Portswood) walks every day around Portswood and his smiling face can often be seen. Alan doesn't have a car and says he doesn't need one, living in a part of the city with good public transport.



Christine

Christine (St Denys) is concerned about food waste and tries not to throw any food away. Over one third of food goes into landfill — this is something we can all think about when we shop for food.



Sandy

Sandy (St Denys) walks and gets the bus around the city. Her house has been double glazed and has cavity wall insulation. This reduces her heating bills and prevents energy waste.



Jonathan

Jonathan (Highfield) collects the apples in his garden and puts them on the wall to share with his neighbours, and he makes a nice Dorset Apple Cake with his harvest.



Alex

Mum of 4, **Alex** (St Denys), recycles all the clothes her children grow out of, and the children walk or cycle to school. She would like to install solar panels on the roof, as many people in St Denys have done.



Bernard & Fran

Bernard & Fran (Oakmount Triangle) have been water harvesting for many years and recycle everything that comes into the house. Fran makes writing paper and envelopes with paper from magazines.



Robin & Carole

Robin & Carole (Portswood) walk to the shops and around Portswood. Here they are in Portswood enjoying the dry weather in late August.

BITTERNE TRIANGLE'S 'TRIFEST' RETURNS

Katherine runs stall at community festival in Riverside Park



Above: Katherine with Lee Raymond chatting about dementia

TriFest took place in August, with fruit & produce stalls, dog show, bar, live music, information, and many other stalls.

Katherine had lots of good chats with local people about dementia and services on offer in the city. She is setting up a drop-in café in Bitterne Park for people living with dementia and their carers at the Ascension Church from October. For more information contact:

Portswooddag@gmail.com

FIRE RISK AVERTED

Katherine puts pressure on local landlord

In May 2021 a local resident told Katherine about flammable items that had been dumped in the stairwell of his block of flats. There were cardboard boxes, electrical items and general junk. These could have ignited, causing fire to rage through the whole house.



Katherine contacted the management agency in London Road and requested these items to be removed. She had to follow this up with a second letter. In July the offending items had been removed.

If you have issues in your rented accommodation do get in contact with Katherine, who is hoping to be your ward councillor next May, and she will try to help: Katherine4green@gmail.com

Far left: Piles of rubbish dumped in stairwell of flats Left: Katherine visiting the flats

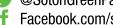
HOW TO CONTACT US



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CRIME PREVENTION

Burglaries in Abbotts Way, Russell Place and **Brookvale Road**

Home owners around Highfield have been targeted over the summer months and some homes ransacked.

Neighbours are keeping an eye out for any suspicious activity around this area. This is always important and if things don't look right then report them to 101.

As the new academic year starts, this comes with a reminder that we are in an area with a lot of opportunistic crime. Here are some tips from the police to protect your property:

- Leave on some lights; buy a timer to reduce the amount of electricity used
- Padlock the side **gate** most burglaries come in from the back
- Take the dustbin through to the back (if possible) so it can't be used to get over a fence
- Talk to your **neighbours** and if away ask a neighbour to park on your driveway (if you have one)
- Don't post on Facebook that you are away - wait until you get home
- Don't leave post sticking out of the letter box. Ask a friend to remove post if it can be seen through the front door
- Join a local Neighbourhood Watch scheme (or start one)

KATHERINE BARBOUR: WORKING HARD AND GETTING THINGS DONE